

Rules and Regulations

MISSION STATEMENT: To unite the boys and girls in the community with a foundation of commitment, dedication, and strength to take flight over life's challenges and obstacles.

CLUB PURPOSE: Have fun while directly introducing and instructing youth in proper techniques and training to compete in track and field. This club will teach self-discipline to the youth thus inculcating values in building self-esteem and aid in obtaining goals in school as well as life.

ATTENDANCE: No more than (3) non-excused absences during track season. (3) Excused absences if permission is given beforehand by coaching staff.

TARDINESS: Will not be tolerated; practice begins on the hour. A 10 -15 min grace period could be extended by the coaching staff.

PARENT INVOLVEMENT: Is welcomed and encouraged in areas of out-of-town trips, barbecues, fundraisers, viewing practice, travel aids, and indirect supervision.

TRYOUTS: According to numbers per event/skill level/vage all adjustments will be made according to criteria stated.

REQUIREMENTS: Copy of Birth Certificate, and must have a copy of child's last report card, parent/guardian permission, injury waiver/doctor release, mandatory practices, 100% effort at all times.

DRESS CODE: All members must wear tennis shoes and dress in appropriate exercise clothing for each practice.

BEHAVIOR/DISCIPLINE: Discipline is basic to an effective learning environment. Given this fact, misbehavior, disrespect, or negative attitudes toward any Unified -N- Flight staff or coach will not be tolerated. A verbal and written warning, as well as parental involvement, will precede dismissal from the club.

ATTENTION: Certain rules of conduct are necessary in order to provide efficient practice sessions. Therefore, violation of the following rules of conduct--ATTENDANCE-LATENESS/LEAVING EARLY, or any other common sense rules shall subject an athlete to disciplinary action.

UNIFIED -N- FLIGHT COACHING STAFF

PARENT'S SIGNATURE _____ DATE _____

YOUTH SIGNATURE _____ DATE _____

Parent Permission Form

I am fully aware of the goals and objectives of the "Unified-N-Flight Youth Track & Field Club, Inc." After reading the rules and regulations of the Club, I _____ grant him/her full permission as parent/guardian of _____ to participate in the "Unified-N-Flight Youth Track & Field Club, Inc."

Signature _____ Date _____

Name _____ & _____ Participant

Address _____

(City, State) _____ (Zip Code) _____

Home Phone: _____ Work Phone: _____

Health History Information

List all of the participant's current medical conditions: _____

List all medications the participant is currently taking: _____

List all of the participant's allergies to drugs, medicine, plants, or foods: _____

Last Tetanus _____ (Date) _____

I hereby certify that my child is in good physical health, immunizations are up-to-date, and all medical limitations/allergies, etc. are listed.

Parent initials _____

(Note): In an emergency, your child will be taken to the nearest available hospital.

Signature Parent/Guardian _____ Date _____

Medical Consent Form

In the event of an emergency or need for medical treatment, I hereby give my consent for personnel and agents of the "Unified-N-Flight Youth Track & Field Club, Inc." to secure medical services, which includes transportation for my son/daughter. It is understood that this consent is given in advance of any specific diagnosis, treatment, or medical care being required and is to serve as specific consent to any and all such diagnosis, treatment, or hospital care which may be deemed necessary. Medical services are approved for my son/daughter during his/her membership in the "Unified-N-Flight Youth Track & Field Club, Inc."

I understand that I am financially responsible for all costs incurred during an emergency and for any and all medical treatment.

Signature Parent/Guardian _____ Date _____

Address _____ Street _____ City/State/Zip _____

Participant _____ Birthdate _____

Primary Physician/Dentist

Physician's Name _____ Dentist's Name _____

Address _____ Address _____

Phone _____ Phone _____

Hospital Preference _____

Parent/Emergency Contacts

Mother/Guardian _____ Father/Guardian _____

Address _____ Address _____

Phone _____ Phone _____

Emergency Contacts

Person/Relationship _____ Person/Relationship _____

Phone _____ Phone _____

Registration Agreement

I, _____ (Parent's Name) _____, Parent/Guardian of _____ (Child's Name) _____ understand the following:

The cost for the 2008 Track & Field Season are detailed below:

Unified-N-Flight Youth Track and Field Club Membership Fee \$ 85.00

Uniform Fee - Once purchased the uniform will be your child's \$ 15.00

to keep for future years. The club will pay the balance of the uniform costs. If you purchased and are able to wear the uniform from the previous year, you don't have to pay this fee.

Amateur Athletic Union (AAU) Membership Fee. The club will \$ 14.00

purchase the membership for each child. This membership is necessary to compete in the Lake Erie District Meet, Regional Meet and Junior Olympics held in Detroit, MI this year.

(Parent / Guardian Signature) _____ (Youth Signature)

(Unified-N-Flight Officer) _____ (Unified-N-Flight Officer)

AUTHORIZATION FORM

In the event that I, _____ (PARENT'S NAME) _____ am unable to attend a track

function/meet with my child, _____ (CHILD'S NAME) _____, I give the

UNIFIED-N-FLIGHT staff signed authorization to register my child, allowing him/her to participate in all track-related events.

Minor Photo Release Form

I give UNIFIED-N-FLIGHT Youth Track & Field Club, Inc. permission to publish in print, electronic, or video format the likeness or image of my child. I release all claims against UNIFIED-N-FLIGHT with respect to copyright ownership and publication including any claim for compensation related to use of the materials.

MINOR'S NAME _____

YOUR NAME (Parent or Guardian, Please Print) _____

YOUR SIGNATURE _____

DATE _____

General Information: It is recommended that a release be obtained when photographing or videotaping a minor (under 18). Parent or guardian signatures are required; signatures of minors are not sufficient. Signed release forms are not needed when subjects are in public places such as fairgrounds, parks, or public streets. When images are published, UNIFIED-N-FLIGHT will take cautionary steps to provide minimum identifying information and will not use specific street or mailing addresses, e-mail addresses, or phone numbers.

Parents' Code of Ethics

I hereby pledge to provide positive support, care, and encouragement for my child participating in Unified-N-Flight by following this Parents' Code of Ethics:

I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every meet, practice or other Unified-N-Flight event.

I will place the emotional and physical well being of my child ahead of my personal desire to win.

I will insist that my child compete in a safe and healthy environment.

I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.

I will demand an environment for my child that is free from drugs, tobacco and alcohol and will refrain from their use at all Unified-N-Flight events.

I will remember that the competition is for youth - not adults.

I will do my very best to make track & field fun for my child.

I will ask my child to treat other athletes, coaches, fans and officials with respect regardless of race, sex, creed or ability.

I will help my child enjoy the track & field experience by doing whatever I can, such as being a respectful fan, assisting with coaching, or providing transportation.

Signature Parent/Guardian _____

Date _____